



**Previously Recorded Audio/Video Seminar**

## **Helping Families Cope with the “New Normal”**

Being a Caregiver for someone living with Dementia can be very stressful-especially when a family member is trying to understand their new roles, the “new” person, and their new normal.

This session will help professionals discuss ways to support family members through education, understanding the “roller coaster of feelings” and identifying several support services that can assist a family journey through their new normal.

**After attending this course participants will be able to:**

- **Identify ways to help family members within your organization through, open communication, promoting education, and ways to support throughout their journey.**
- **Recognize the grief process and the wide range of emotions family members may go through during the disease process.**
- **List resources for more information, education, and support for your family members, and professionals within your organization.**

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**All webinars are \$25.00 each  
and  
include (1) Continuing education credit**

CE credits available for Health Facility Administrators and Social Workers.

**For more information visit our website at:  
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