



Previously Recorded Audio/ Video Seminar

Dining with “AL”

The dining experience is not just the time to nourish the body, but a time to nourish the soul. Food is associated with nurturing, celebrations, family, and memories. When cognitive impairment is a guest in the dining room, it can put a person at risk for eating well.

This session will focus on how cognitive changes can influence nutrition and hydration, how Person Centered Care can impact the dining experience, and how to create a supported dining experience.

After attending this course participants will be able to:

- **Identify how food and the eating process is not just for nourishment**
- **Identify how Alzheimer’s and other Dementia Diseases puts persons at risk for not eating well**
- **Identify how the dining experience changes as the disease progresses**
- **Person-Centered Care and Eating Well**

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All webinars are \$25.00 each and include (1) Continuing education credit

CE credits available for Health Facility Administrators and Social Workers.

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