

2019 Schedule

What Caregivers Need to Know

When the Diagnosis is Alzheimer's or a Related Dementia:

Join us for 2 Free classes each month at the
Porter County Community Foundation
1401 Calumet Ave.
Valparaiso

✦ Understanding
Alzheimer's /Dementia
10-11:30 a.m.
(this class repeats each month)
Advanced Issues in

✦ Lunch Provided by Journey
Senior Living of Valparaiso

✦ Dementia Care
Noon- 1:30 p.m.
(different topic/speaker each
month)

To register, call toll-free,
(888) 303-0180

April 12, 2019
"Nutrition & Health"
Residences of Coffee Creek

May 10, 2019
"Talk with a Neurologist"
Dr. DiBiase, MD, Neurologist

June 14, 2019
"Aging in Place"
Georgene Collins, PhD, MBA,
RN, Collins Realty Group

July 12, 2019
"Elder Law 101"
Alexander Steciuch, Elder
Law Attorney, Steciuch Law

Alzheimer's /Dementia Support Groups for Caregivers

Lake County Support Groups

Last Wednesday of every month at 3:30 p.m.
St. Anthony Village, Franciscan
Communities
205 Franciscan Drive, Crown Point, Indiana
Facilitated by Jill Barr

Second Wednesday of every month at 6p.m.
Hartsfield Village
10000 Columbia Avenue, Munster, Indiana
Facilitated by Jill Keilman

Second Thursday of every month at 10 a.m.
United Methodist Church
654 E. 4th Street, Hobart, Indiana
Facilitated by Kathleen Luken

Second Thursday of every month at 6 p.m.
Christ Presbyterian Church
7416 East 109th Avenue, Winfield, Indiana
Facilitated by Kathleen Luken

Fourth Sunday of every month at 2:00 p.m.
Franciscan St. Margaret Health
Blessed Mother Conference Room
24 Joliet Street (Route 30), Dyer, Indiana
Facilitated by Jim & Pat Koeling

Porter County Support Groups

First Wednesday of every month at 8:30a.m.
Men's Breakfast Group
Viking Chili Bowl
105 E. US Highway 30, Valparaiso, IN
Facilitated by John Gorski

First Thursday of every month at 3:00p.m.
Pestos Restaurant
3123 Calumet Avenue, Valparaiso, IN
Facilitated by Barb Kubiszak & Terri Dickus

Helpline

If someone you love has been diagnosed
with Alzheimer's disease or dementia, you
probably have questions...

Call our toll-free Helpline in Northern
Indiana and talk to a professional!

(888) 303-0180



For More Information contact Stephanie Barton
stephanie@alzni.org or (219) 789-2470