

# 2019 Schedule

## What Caregivers Need to Know

### When the Diagnosis is Alzheimer's or a Related Dementia:

Join us for 2 Free classes each month at the  
Porter County Community Foundation

1401 Calumet Ave.

Valparaiso

✦ Understanding  
Alzheimer's /Dementia  
10-11:30 a.m.  
(this class repeats each month)  
Advanced Issues in

✦ Lunch Provided by monthly  
sponsors

✦ Dementia Care  
Noon- 1:30 p.m.  
(different topic/speaker each  
month)

To register, call toll-free,  
(888) 303-0180

☐ January 11th, 2019  
"Where Do We Go From  
Here"

Judy Kukelka, Business  
Development Specialist at  
Story Point Chesterton

☐ February 8th, 2019

"Medications and Dementia"  
Pharmacy Representative,  
Walgreens

☐ March 8th, 2019

"The Reality of Hospice"  
Natalie Jesko, Marketing  
Director at Dunes Hospice



# Alzheimer's /Dementia Support Groups for Caregivers

## Lake County Support Groups

**First Tuesday of every month at 10:00 a.m.**  
St. Anthony Village, Franciscan  
Communities  
205 Franciscan Drive, Crown Point, Indiana  
Facilitated by Jill Barr

**Second Wednesday of every month at 6p.m.**  
Hartsfield Village  
10000 Columbia Avenue, Munster, Indiana  
Facilitated by Jill Keilman

**Second Thursday of every month at 10 a.m.**  
United Methodist Church  
654 E. 4th Street, Hobart, Indiana  
Facilitated by Kathleen Luken

**Second Thursday of every month at 6 p.m.**  
Christ Presbyterian Church  
7416 East 109th Avenue, Winfield, Indiana  
Facilitated by Kathleen Luken

**Fourth Sunday of every month at 2:00 p.m.**  
Franciscan St. Margaret Health  
Blessed Mother Conference Room  
24 Joliet Street (Route 30), Dyer, Indiana  
Facilitated by Jim & Pat Koeling

## Porter County Support Groups

**First Wednesday of every month at 8:30a.m.**  
**Men's Breakfast Group**  
Viking Chili Bowl  
105 E. US Highway 30, Valparaiso, IN  
Facilitated by John Gorski

**First Thursday of every month at 3:00p.m.**  
Pestos Restaurant  
3123 Calumet Avenue, Valparaiso, IN  
Facilitated by Barb Kubiszak & Terri Dickus

## Helpline

If someone you love has been diagnosed with Alzheimer's disease or dementia, you probably have questions...

Call our toll-free Helpline in Northern Indiana and talk to a professional!

**(888)303-0180**



A Division of REAL Services, Inc.

For More Information contact Stephanie Barton  
stephanie@alzni.org or (219) 789-2470